



Congratulations! Thank you for choosing "Yami Custom knee brace". These are the innovative braces, with a premium level of knee protection. They are made exclusively one copy only and fit exactly the size of your feet. They are covered by a 3-year warranty. Our support and service has no time limit! First of all, we are concerned with the protection of your knee joints from injuries and comfort in use. Today, our braces have no analogues in terms of protection, quality and price. We have an excellent technical support service. Nevertheless, we continue to improve the products and services for our valued customers.

Very fast, you will get used to wearing **Yamibrace** braces and even will not feel them on your leg. To make this happen even faster, it is important to learn how to properly adjust, and then properly operate your braces.

Belt Device

1. Each brace has four (4) belts. Each belt has two (2) ends with Velcro locks.
2. Each belt has a side on which Velcro lock is sewn tightly. Velcro lock must be located on the outer side of the brace and leg.
3. On the second side of the strap, Velcro lock is not sewn, and it can be removed. This side of the belt should be located on the inside of the brace and the leg.
4. All belts are specially made long. They could be shortened/cropped if needed.

Adjust the straps

5. Sit down. Bend the leg in the knee joint at an angle of 90 degrees. Put on the brace.
6. Adjust the upper strap # 1. We take the belt and start with the outer part of the brace. We insert the strap into the slot by the side on which Velcro lock is sewn tightly. We close the lock so that the entire area of the Velcro lock works. Further on you will always use this lock! It should be located outside the brace!
7. Adjust the inside of the belt. We pass the belt into the slot and close Velcro lock. What if you see the strap is too long? In this case remove the Velcro lock. Then cut the strap with scissors. Do not hurry. It is better to cut less. Then you can cut off more if needed. Put the lock back on the strap. Close Velcro lock on the brace. You will no longer use this lock. It should be located between your legs!
8. Then go on with other belts in sequence. Go to the belts ## 2-3-4.

How put on a brace correctly?

9. Attention! Do not wear a brace on your bare foot! Use special underwear.
10. Sit down and bend your foot in the knee at an angle of 90 degrees.
11. Put on the brace. Move the brace on the leg up and down. Brace should sit comfortably on the leg.
12. **Strong!** Tighten the belt # 3. It is located under the knee.
13. **Strong!** Tighten the belt # 4. It is located at the very bottom.
14. Normal. Tighten the belt # 2. It is located just above the knee.
15. Normal. Tighten the belt # 1. It is located at the very top of the brace.
16. Stand up. Bend your leg several times. You should feel comfortable. Re-wear the brace if necessary.
17. The belts should not feel too tight or too loose.

Attention!

Do not risk your health and life, doing extreme sports. Control your health and improve the technique of movement. No outfit guarantees 100% protection if you take too risky decisions and make silly mistakes. Enjoy your active work, and "Yami Custom" braces will take care of you! Keep in touch with us for some advice or consulting!

Yamibrace - Winners equip